ETHICAL GUIDELINES FOR FOOTBALL PLAYERS

These guidelines are developed by the Ethics Committee of The Football Association of Norway. The purpose of the guidelines is to encourage players participating in football activities in Norway to contribute to a healthy and fair competition, and to be good ambassadors for their club and for the sport.
Fair play is a fundamental part of football which means that competitions are to be settled on fair terms, and that players shall respect each other, the referees and the spectators. The players should also bear in mind that they have a responsibility as role models for fans and younger players.

**AS A FOOTBALL PLAYER IN NORWAY YOU ARE EXPECTED TO:**

- Show respect for your teammates and opponents, referees, club staff, spectators and others that you meet in your life as a footballer.
- Contribute to create a positive culture in your club and on the field.
- Act in a sportive manner before, during and after the match; this includes thanking opponents and referees for the match, and striving to avoid unsportsmanlike conduct.
- Refrain from behavior that could be perceived as discriminatory, harassing or threatening.
- Act in accordance with the laws and regulations adopted by The Football Association of Norway and The Norwegian Confederation of Sports.
- Have a zero tolerance for the use of doping.
- Refrain from events that can contribute to match fixing, including attempts to influence the outcome of individual events in a match through unsportsmanlike behavior.
- Not participate in betting or gambling in relation to matches in which the club’s teams are involved.

As a player, I will always strive to live by these principles of fair play and good behavior.